

ENHANCEMENT

Organic Food



Welcome to Organic Food

Discover the wonderful world of Organic Food where our children experience the pleasure of growing and eating highly nutritious foods that meet the standards of the SOIL Association and Food For Life.

Why focus on Organic Food?

Organic farming does more to protect natural resources such as fresh water and wildlife and is also better for animal welfare, free from GM ingredients, hydrogenated fats and most artificial additives and preservatives. As a group we have always cared about the food we serve every day and the positive impact this has on our children's mental and physical health. Our chefs care about where their ingredients come from and are passionate about great, varied menus that minimise processed foods and unhealthy additives.

It is a natural step for your nursery to also think about the impact our served food has on nature and the environment, providing even more learning opportunities for the children whilst championing good practice where the customer and environment are placed together.



Gardening Equipment

Your budding gardener will be wearing nursery apron and gloves to really look the part.



Practical Points

We love the rain. Your child may need to bring wellies and a raincoat on occasion (staff will inform you).



Organic Food Promise

Organic food will be served several times a day



Grow Our Own Club

Our children will learn how to grow, tend and harvest their own produce in our Grow Our Own Club. Key learnings include:

- The different environments plants need in order to grow
- The different types of fruit and vegetables that grow at certain times of the year
- How to cook and use their produce for eating.



Food For Life Served Here

Partnering with SOIL Association and Food For Life, we are working towards achieving the Gold standard accreditation. There are three levels of award: Bronze, Silver and Gold.

Bronze represents a significant step towards improving food standards

We meet animal welfare standards:

- All of our eggs are free range
- We never use endangered fish
- We never use GM ingredients
- All of our meat is from farms certified to UK welfare standards.

We champion good practice:

- Our ingredients are free from additives
- We meet or go beyond nutritional guidelines for our sector
- We make free drinking water readily available
- All of our dishes are freshly prepared
- We only use suppliers who have food safety standards in place.

We put the customer first

- We cater for a range of dietary and cultural needs
- We care about making the most out of seasonal ingredients.

Silver and Gold standards use a points-based system. To achieve Silver and Gold, in addition to meeting all of the bronze standards our nursery will achieve points for food served in these areas:

- Ethical and environmentally friendly food
- Championing local producers
- Making healthy eating easy using organic ingredients
- At least 5% (Silver) or 15% (Gold) of produce is organic.

What if my child has allergies?

We will always take this into account when planning gardening activities and where possible find an alternative.

At the heart of our **Brighter Learning Approach** is our commitment to fortifying the foundations of lifelong learning. Your nursery offers focus on Organic Food as part of an overall engaging curriculum instilling curiosity, creativity and well-being.