



# CHILDREN'S menu

the  
old station  
nursery



**Week 1**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**AM SNACK**

Cucumber Sticks with Cream Cheese

Yoghurt and Sliced Grapes

Vegetable Sticks with Hummus

Diced Tomato and Cucumber

**PM SNACK**

Rice cakes

Sliced Apple

Oatcake and Spread

Fresh Fruit

Pear Slices with Cheese

**LUNCH**

Mac n Cheese Served with a Tomato and Cucumber Salad

Teriyaki Salmon with a Vegetable Stir-Fry and Noodles

Garlic and Herb Chicken Served with New Potatoes, Broccoli and Cauliflower

Savoury Mince Served with Creamy Mash potatoes

Turkey Mince Burritos Served with Potato Wedges and Baby Leaf salad

**VEGETARIAN**

As above

Vegetable and bean Stir-fry with Noodles

Vegetable and Lentil Fritter

Savoury Quorn mince

Vegetable and Bean Burritos

**DESSERT**

Strawberries and Cream

Fresh Fruit Platter

Banana and Custard

Fromage Frais

Plain Yoghurt with Fruit Puree

**TEA**

Mini Ploughman, Sliced Apple, Cheese, Ham and Bread

Chef's Homemade Soup with Freshly Baked Baguette

Salmon and Dill Pasta Salad with Tomato and Cucumber

Baked Beans on Toast with Grated Cheese

Ham and Cream Cheese Bagels with Sliced Tomato

Rice cakes

Plain Yoghurt with a Fruit Puree

Fresh Fruit

Sliced Apple

Beetroot Chocolate Brownie